



## **Sault College News Release**

For immediate release

### **Seedy Saturday at Sault College**

(Sault Ste. Marie, ON February 10, 2011) Don't let the frigid temperatures get you down! Spring is just around the corner and it's time to starting thinking about those next blooms. On Saturday February 19, Sault College proudly hosts the ever-popular fourth annual Seedy Saturday. Meet up with members of your community to share gardening tips, heirloom seeds and more.

Located in the Sault College cafeteria, the community is invited to come out and swap or purchase heritage, open-pollinated and/or unusual seeds from local gardeners. Local environmental, food security, gardening organizations and vendors will be on hand to answer all your gardening questions. A variety of speaker presentations and workshops will run all day on the following topics:

10:30 am. Beautiful Planters & Gardens Grown from Seed with Jim Tibbles

11:20 am. Gardening with MYKE for Optimum Plant Growth with John Renaud

12:10 pm. USC Canada and the Seeds of Survival Program with Kate Green

1:00 pm. Growing a Vegetable Garden in Containers with Susan Richards

1:50 pm. A Beginner's Guide to Saving Seeds with Laura Wyper

2:30 pm. Starting Native Wildflowers from Seed with Tom Noland

Those wishing to participate in the swapping of seeds can register from 10am to 11am for the seed exchange that will take place between 11:15am to 12:15pm. Educational displays, children's activities, vendors and food & refreshments are all available throughout the day.

“Seedy Saturday is an opportunity to educate the community on the important issues surrounding gardening,” says Suzanne Hanna, organizer of the annual event. “Children and adults alike will enjoy the workshops and activities that are planned.”

Seedy Saturday is co-sponsored by Sault College, Clean North, USC Canada, the Sault Ste. Marie Horticultural Society and Seeds of Diversity Canada. Admission is by donation and free parking is available in the A-Lot parking lot located across the street from Sault College.

For more information on this exciting event, contact Suzanne Hanna at (705) 759-2893 [wildgardener@shaw.ca](mailto:wildgardener@shaw.ca) or Laura Wyper at (705) 253-1951 [laurawyper@yahoo.com](mailto:laurawyper@yahoo.com).

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#### **About Seedy Saturday**

Seedy Saturdays have been held across Canada since 1989 usually during the months of February and March each year. This is a great opportunity for people interested in gardening, growing their own food, buying local produce, food security and environmental issues can come together and exchange or buy heritage varieties of vegetable & flower seeds, purchase local and area food products, participate in hands-on workshops, hear speakers and network.

#### **About Sault College**

Sault College reaches students through post secondary, continuing education, apprenticeship training and third party contract training. Sault College offers a full range of programs: Certificates, Diplomas, Advanced Diplomas, Post Graduate Certificates, Degrees, and Apprenticeship programs. Key Performance Indicator (KPI) surveys demonstrate that almost 90% of Sault College students are employed within six months of graduation and student satisfaction is among the highest in the province. Sault College, located in Sault Ste. Marie, Ontario is one of 24 community colleges in Ontario. Visit our website at [www.saultcollege.ca](http://www.saultcollege.ca) for more information.

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