



Media Release – October 26, 2013

Sault College Women's Cross Country Wins OCAA Bronze

Ancaster, ON – The Sault College entered their 2nd ever Provincials Saturday at Redeemer University looking to secure their spot amongst the elite teams at the OCAA Championships. The daunting course that proved challenging earlier in the season turned into a nightmare for over 225+ athletes as driving rain, freezing temperatures and 60+ KM winds played havoc with the Dundas Valley course.

Despite the adverse conditions the Sault College women battled with both Humber College and St. Clair College valiantly to make for one of the closest team races in recent years. All three schools placed their top 4 runners in the overall top 20; as the Cougars were the first to have 4 runners finish. When the dust settled in scoring calculations St. Clair claimed Gold with the Cougars capturing Bronze – a mere one point behind Humber's Silver. Out of a field of 100 runners the Cougars were led by 1st Team All Ontario selection Tessa Kasch (Sault/Fitness & Health) who placed 7th; while Erin Mallinger (Sault/BSCN) and Aislyn Ireton (Perth/BSCN) were selected 2nd Team All Ontario with 12th & 13th place finishes respectively. Rookie Anna Greve (Sault/BSCN) finished her first championship in 15th place while Adrianna Weir (Sault/BSCN) and Taylor Corelli (Sault/ OTA-PTA) rounded out the squad placing 29th and 37th. Up next for the ladies are the CCAA Championships in 2 weeks in Toronto where they take on the countries best at host Humber College.

On the men's side, the young Cougars squad competed well against a field of 19 schools and 125 runners – placing 12th in the team overall standings; tops of all Northern Ontario schools at the championships. The Cougars were led by strong races by Daniel Turco (Sault/BSCN) and Bryan Warick (Sault/Forestry Conservation) who finished 33rd and 55th respectively. The Sault team was rounded out by Brandon Pope (Thunder Bay/PN), Tom Nelson (Goderich/Carpentry), Anthony Petten (Sault/Police) and Josh Hohmeyer (Sault/Fitness & Health) who all finished in the top 75 in the province – a good sign for next year's Cougar squad.

In this sophomore season as a program the Cougars under the tutelage of coach Sherri Smith have become a program to be reckoned with; with two OCAA medals in its first two years in competition. The Lady Cougars will be back to roadwork Monday as they prepare CCAA Nationals on November 9th in Toronto.

Photos: Sault College Cougars



Women's Bronze Medal Team: Aislyn Ireton, Erin Mallinger, Anna Greve, Tessa Kasch, Taylor Corelli, Adrianna Weir

Source: Sault College Athletics