



**Zonta Club of
Sault Ste Marie Area**
Member of Zonta International

Sault College Media Advisory

For immediate release

Sault College Cougar Men's Basketball Team up for the Days for Girls Sew-a-Thon Challenge

(Sault Ste. Marie, ON November 10, 2014) Sault College, in partnership with the Zonta Club, is hosting its second Days for Girls Sew-A-Thon to produce feminine hygiene kits in support of two BScN Nursing projects to Nicaragua and Kenya in 2015.

This year, the Men's Basketball Team has accepted the challenge to help out. Volunteers can see how the team takes on a different kind of action!

Additional volunteers are needed to assist with cutting fabric, pinning, flipping, ironing, and/or sewing. Donations of fabric (cotton, cotton/polyester and flannel – darker and patterned), bars of hotel-sized soaps, washcloths, gallon/large size Ziploc freezer bags, girls' underwear (sizes 8-14 or ladies S or M), and/or cash are currently being accepted as well.

Date: Saturday, November 15, 2014

Time: 9:00 a.m. to 4:00 p.m. (team in attendance around noon)

Location: Sault College Essar Hall

No experience is necessary, but sewers are asked to bring their own machines, wherever possible. If you would like to know more about this initiative or make a donation in any way, please contact Gabi Doleske at 705-759-2554 ext. 2554.

About Days for Girls International

Days for Girls International is a grassroots non-profit feminine hygiene program that empowers girls to days of education, health, safety and dignity. This is done by the direct distribution of sustainable feminine hygiene kits by partnering with non-profits, groups and organizations. Days for Girls raises awareness, and helps impoverished communities start their own programs to supply kits and training. Women and girls discover their potential and self-value, are equal participants and agents of social change and are given opportunities to thrive, grow and contribute to their community's betterment while ensuring quality sustainable feminine hygiene. For more information visit www.daysforgirls.org.

About Zonta

Zonta is a global service organization of executives and professionals working together to advance the status of women worldwide through service and advocacy. The Zonta Club of Sault Ste. Marie Area supports a number of local service projects including scholarships at local high schools, Sault College and Algoma University, Breton House, Women in Crisis, Breast Cancer Comfort pillows, literacy and our annual Speaker event.

About Sault College Nursing Students in Nicaragua and Kenya

Baccalaureate nursing students from Sault College will again have the unique opportunity to explore health globally by participating in international learning experiences to Nicaragua and Kenya. This will be the second edu-service mission to Nicaragua and the first to Kenya. For the Kenya mission, the College has partnered with Me to We Free the Children. In addition to taking part in community improvement and health initiatives, both edu-service missions will include the distribution of Days for Girls feminine hygiene kits. For further information about the Nicaragua mission, contact Barb Engel, x 2602; for the Kenya mission, contact Andrew Metcalfe, x 2802.

About Days for Girls Zonta/Sault College Partnership

Students, staff, and community volunteers, in conjunction with Zonta, have been working industriously to produce 650 kits, the goal set for the two BScN edu-service missions to distribute. More volunteers and donations are needed on an on-going basis. For more information, contact Gabi Doleske, x 2544.

Please contact:

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