GENERAL EDUCATION COURSES

Students enrolled in 2- and 3-year programs must successfully complete three General Education courses as part of their program of study. One General Education course is student-selected, one is program-selected, and one is cross-College.

STUDENT-SELECTED GENERAL EDUCATION COURSE OPTIONS

Students will choose one of the following General Education courses:
(Note: course availability varies each semester; not all courses are available to all programs)

1. GAS109 - Music and Pop Culture

This course will give students the opportunity to think creatively and critically about the influence of popular music on culture. Students will explore different music genres (rock, metal, hip hop and rap), their development and social significance. Students may explore music in film, commercials, war and protest, social and civil rights movements, and the contributions of specific artists to contemporary culture. The ways in which popular music has contributed to the current culture and, in turn, how culture has shaped popular music will be examined.

2. GAS120 – Canada, Eh!

What does it mean to be Canadian? This course will examine the people of Canada and aspects of life, such as food, music, television, art, language, traditions, etc. By examining our diversity, we will come to understand that there is more than one Canadian identity.

3. GAS125 – Food and Wine Pairings

Become a wine enthusiast and decipher the many complexities revealed in wine by developing the ability to pair food and wine in today’s culinary world. Whether planning to entertain in the comfort of your own home, preparing for a business dinner meeting or developing food and wine menus for restaurants or special events, understanding how to pair food and wine is invaluable and a life skill. This course will explore the significance of food and drink by examining fundamental concepts of wine history, tradition and culture. Students will learn about terroir, wine terminology, production, storage, and selection and how wine is properly served.
4. **HDG122 - Personal and Academic Success Strategies**
   Substitutes: HDG111

   This course will provide you with the opportunity to explore where you were then, where you are now, and where you will go in the future. You will investigate external and internal aspects that influence your character both personally and academically; develop awareness of college, community, family, and relationships; explore learning and communication styles, attitudes, and life-long learning applications to future career and life. You will discover, through developing a personal portfolio, specific abilities and characteristics that will provide you the opportunity for personal growth and increased well-being to function at a higher level of human understanding. These skills will be developed through classroom discussion, personal surveys, journal entries, presentation reviews, analysis of case studies, reading comprehension activities, instructional games/exercises, and problem-solving challenges, etc.

**CROSS COLLEGE GENERAL EDUCATION COURSE**

**GEN100-3 Global Citizenship**

The world we are living in is one in which local, national and international issues are interwoven, and the need for us to understand the impact these issues can have on our lives has never been greater! Using a socio-cultural, political and environmental lens, students will view how the world is changing and how to become active agents of change – from the local to international level. Important issues such as social injustice, poverty, environmental protection, resource scarcity, sustainability, and health will be addressed. Global citizenship . . . an opportunity to ‘Be the Change’.

**ADVANCE CREDIT TRANSFER:**

Students who have received academic credits from other post-secondary programs or institutions may be eligible for a transfer of credit and so be exempted from their Student-selected and/or Cross-College General Education Course.

Please see the Academic Assistant for the School of Community Services & Interdisciplinary Studies, in room E3215, or call extension 2669, to inquire further.

Note: While it is recommended that students apply early in their program, there are no deadlines for a General Education Advance Credit Transfer.