Practical Nursing
Ontario College Diploma (2 Years - 4 Semesters) (3024)
705.759.6700 : 1.800.461.2260 : www.saultcollege.ca : Sault Ste. Marie, ON, Canada

PROGRAM OVERVIEW

The Practical Nursing Diploma Program at Sault College is currently Approved (Category 1) by the College of Nurses of Ontario (www.cno.org). Current graduates from this program are eligible to apply for registration as a Registered Practical Nurse in Ontario.

The Practical Nursing program philosophy is based on a set of values and beliefs about the client, health, caring, nursing and the role that teaching and learning play in enabling individuals, families and groups to achieve health outcomes. These five concepts are interrelated, interdependent and integrated throughout the curriculum. The program will provide graduates with the knowledge, skills, and values needed to demonstrate safe, competent nursing at entry-to-practice. Graduates are eligible to write the national practical nurse examination. The successful completion of this national examination entitles the candidate to apply to the College of Nurses of Ontario for registration as a practical nurse, subject to the fees and membership requirements set out by this professional organization. For more information, please contact the CNO at 1-800-387-5526.

If you are a Canadian citizen or permanent resident and currently unemployed, you may qualify for second career funding for this program! To learn more about your options and how to get started, contact us at studentrecruitment@saultcollege.ca.

PROGRAM OUTCOMES

A graduate of the Practical Nursing Program at Sault College will reliably demonstrate the ability to:

1. communicate therapeutically with clients and members of the health care team.
2. assess clients across the life span, in a systematic and holistic manner.
3. plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.
4. select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.
5. evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.
6. act equitably and justly with clients and members of the health care team.
7. adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.
8. contribute to creating a healthy and safe work environment in a variety of health care settings.
9. practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.

Reference
ADMISSIONS

MINIMUM ACADEMIC REQUIREMENTS

- Ontario Secondary School Diploma (OSSD)
- Grade 12 ENG4C
- Grade 11 Foundations for College Math (C) MBF3C
- Grade 11 Biology (C) SBI3C
- Grade 12 Chemistry (C) SCH4C or Grade 11 Chemistry (U) SCH3U

Or mature student status. Mature students must still meet all program prerequisites in the sciences.

This program has more applications than seats available. Applications will be ranked based on the average of the required courses. Beginning in September 2015 an average of 65% in the required courses will be required for applications to be considered.

Personal Support Worker is no longer a direct entry into the Practical Nursing Program.

Personal Support Worker graduates would still require:

- Grade 12 Chemistry (C) SCH4C or Grade 11 Chemistry (U) SCH3U, and
- Grade 11 Foundations for College Math (C) MBF3C

Successful completion of both PSW108 and PSW118, however, will be accepted for Grade 11 Biology (C) SBI3C.

ACADEMIC RECOMMENDATIONS

To help students in making decisions about a career in Practical Nursing, it is recommended that - prior to admission - they gain an understanding of nursing through some exposure to nurses and the health care field. This may include volunteer work, interviewing a practical nurse, or participating in a career day experience. We strongly recommend that students, for their own personal safety, have the Hepatitis B vaccine prior to entering into the program. We strongly recommend that the students have some computer/word processing experience.

CAREER PATHS

Today’s registered practical nurse is a valued member of the health care team. Graduates have employment opportunities in practice settings such as hospitals, community, long-term care and other health care facilities, services and programs. In addition, they may find employment opportunities within other organizations and agencies that require nursing knowledge and expertise. Graduates choosing to work in a specialized area may require additional education or work experience.

In Ontario, the Regulated Health Professions Act (RHPA) and the Nursing Act have conditions for registration that impact Ontario students entering and completing the Practical Nursing program and proceeding to write the registration examinations. These conditions are required to protect public interest.
When applying for provincial registration, information must be provided about citizenship, previous incidence of criminal offences, professional misconduct, and incompetence or incapacity in another health profession in Ontario or in nursing in another jurisdiction. Applicants must also provide information about any physical and/or mental disorders that make it desirable, in the public interest, that the person not practise. This new legislation for all individuals requesting registration should be reviewed by students applying to the Practical Nursing program.

For information on the implications of this new legislation, call the College of Nurses of Ontario at 1-800-387-5526.

**Mandatory Fees**

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<tr>
<th>Domestic</th>
<th>International</th>
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<tbody>
<tr>
<td>Tuition</td>
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<tr>
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These fees are for the 2020-2021 academic year (year 1 of study) and are subject to change. Please visit your Student Portal to view your Schedule of Fees.

**Dress Code**

**Dress Code for Practicum and Labs:**

A neat and well-groomed appearance is expected of the student in Practical Nursing by the public we serve, the institutions with whom we share contractual agreements and the Nursing profession. A professional image communicates respect, caring and inspires confidence and trust with our clients and others.

It is expected that Sault College students in Practical Nursing will follow the Dress Code as outlined in the Student Success Guide at all times and will also adhere to the policies of the agencies they are visiting as students.

Depending on specific agency policy, it may be necessary for the student to remove all visible body piercing or conceal visible tattoos which the agency feels are not appropriate in meeting the professional/safety expectations for their clients.

1. Identification
   - A Sault College name tag is to be worn at all times when in the practicum/community areas.
   - A school crest is to be worn on the upper left side of the uniform and the warm-up jacket (if worn). The crest is to be attached securely (no staples or pins).

2. Uniforms
   - Practical Nursing students will wear a navy blue uniform (no writing on the uniform). The style of the uniform must be professional in appearance. The uniform must have sleeves (no T-shirts or jeans). No low V-neck uniforms allowed. The uniform will be clean, pressed, in good repair and fit must be sufficient to allow for reaching and bending without exposing skin.
   - Pants are to be hemmed and should not touch the floor (no rolled ankle cuffs).
   - A navy blue warm-up jacket may be worn. Warm up jackets are not to be worn at the bedside when delivering patient care. There is to be no writing on the warm-up jacket.
• White/navy blue colour coordinated untasseled ankle socks may be worn with pantsuits.
• Keys, pens or stethoscopes are not to be worn around the neck.
• When a student is in the practicum area in street clothes (ie. data collecting, Community agency),
  attire, including footwear, must be professional (no T-shirts, sweat shirts or sweat pants or jeans).
  Name tags are to be worn.
• Uniforms are not to be worn to and from work unless otherwise directed.
• Duty shoes are not to be worn outside the facility. Clean, all white duty shoes with closed heel and
toe and non-skid soles are required.

3. Jewellery

• A watch with a second indicator is required.
• A plain wedding band is allowed.
• Neck chains, if worn, must be inside the uniform.
• One pair of small studs or keeper earrings allowed-one earring per ear.
• Practical Nursing students are required to have bandage scissors.

4. Hair

• Hair is to be neatly styled and worn off the face and collar.
• Men are to be clean-shaven and have facial hair trimmed.

5. Make-up

• Make-up, if worn, is to be subdued.
• Fragrance/colognes may not be used.
• Nails are to be clean, short and unpolished.
• No artificial nails are permitted.

NOTE: At certain labs, the dress code policy may be altered at the teacher’s discretion.

**CLINICAL/LAB OR FIELD PLACEMENTS**

Students will be required to submit documentation of having completed the following prior to entering the
clinical placement components of the program. If the appropriate documentation is not received within 15
days after the start of the semester, it may be necessary to withdraw the student from the course.

All applicants will be required to submit documentation of having completed the following prior to
entering the clinical components of the program. This documentation is to be submitted within the first 15
days of the semester.

1. Standard 1st Aid Certificate (current within 3 years)

2. CPR (Health Care Provider or Basic Life Support Level) Certificate - yearly recertification required

3. WHMIS Certificate (current within one year)

4. N95 Mask Fit Testing Card (renew every 2 years). Successful mask fit testing requires a **clean shaven face**
(minimal facial hair) to administer the test.

5. Immunization & Health Record

• A complete College Health Form along with an official immunization record is to be submitted to the
College Health Centre. Contact your health care provider, medical clinic or in Sault Ste. Marie and
District, Algoma Public Health if you need to update your immunization record.

Documentation of the following is required:

- proof of a 2-step Mantoux test for tuberculosis. For a known positive test, you must be assessed by a physician and receive medical documentation to have access to placement (a chest x-ray is required). Practical Nursing students require annual 1-step TB testing after a 2-step has been completed.
- proof of measles, mumps and rubella immunization
- proof of tetanus/diphtheria immunization
- proof of chicken pox immunization or immunity
- Hepatitis B series or Twinrix vaccine series (either one is acceptable)
- Influenza immunization each October/November of the program. The flu vaccine is not mandatory however in the event that a student refuses the vaccine, the student must follow placement agency policies. This may mean removal from clinical placement for the duration of an influenza outbreak. The vaccine takes two weeks to come into effect and therefore students who do not get it by the established deadline may be removed from clinical placement.

Criminal Record Check with Vulnerable Sector Search

- This document is mandatory for agencies to grant access to vulnerable persons. Students will be given detailed information about obtaining a current Criminal Record Check during the first month of classes or when clinical placements are confirmed. (Note: If a criminal record exists or charges are pending, you are required to disclose this information to the Chair of Health Programs before the start of your program.)
- Criminal Record Check with Vulnerable Sector Search is a yearly requirement that must be updated annually.

Dress Code:

- Practical Nursing students follow program and placement agency policies. Detailed information will be provided during the first semester of the program.

All costs associated with these requirements are the responsibility of the student.

The student also signs a Statement of Confidentiality Form. Physical demands analysis may be required by the placement facility.

Notice to International Students:

- The necessary immunizations for your program can be obtained from your home country and you will need to submit those immunization records along with the College Health Form to the Sault College Health Centre.
- All other requirements (Standard First Aid, CPR, WHMIS, N95 Mask Fit, Criminal Record Check with Vulnerable Sector Search) must be obtained and completed after your arrival in Ontario.
- As per Canadian Immigration policy, all International students completing a program with a practicum (field/clinical placement) component must obtain a Coop/Work Permit from Immigration, Refugees and Citizenship Canada stating that they are permitted to attend practicum as in integral part of their studies. International students will not be able to attend placement without submitting this permit for verification.

For further information regarding clinical and field placement requirements for this program, please contact Lori Zuccato either by email: lori.zuccato@saultcollege.ca or by phone: 705-759-2554 ext. 2693.
PROGRAM OF STUDY

SEMESTER 1
CMM115-3 Communications I
PNG111-3 Anatomy and Physiology I
PNG113-3 Human Relationships
PNG115-3 Nursing Theory I
PNG116-4 Nursing Practice I
PNG117-3 Professional Growth I
GEN100-3 Global Citizenship
PSY120-3 Lifespan Development

SEMESTER 2
PNG121-3 Anatomy and Physiology II
PNG127-3 Health Assessment
PNG130-3 Nursing Theory II
PNG131-16 Nursing Practice II

Select one of the following:
GAS101: Rituals, Idols and Controversies in Sports
GAS103: What in the World is Going On?
GAS105: Film Appreciation
GAS109: Music and Pop Culture
GAS116: Your Two Cents
GAS120: Canada Eh!
GAS125: Food and Wine Pairings
GEN110: Student Selected General Education
HDG122: Personal and Academic Success Strategies
REC106: Fitness and Lifestyle Management
SSC102: Introduction to Aboriginal Peoples of Canada

Note: *Students must choose one of the identified Student Selected General Education Courses

SEMESTER 3
PNG233-4 Pathophysiology I
PNG234-3 Pharmacology I
PNG236-16 Nursing Practice III
PNG237-3 Professional Growth II
PNG238-4 Nursing Theory III

SEMESTER 4
PNG250-3 Pharmacology II
PNG251-4 Pathophysiology II
PNG252-4 Nursing Theory IV
PNG253-10 Nursing Practice IV
PNG254-16 Nursing Practice V

Note: Placement in PNG254 (consolidation) depends on successful completion of all PNG courses and PSY120 taken in semesters 1 to 4. All students not meeting these pre-requisites will be removed from PNG254.

Course Descriptions

Semester 1

Communications I (CMM115) (3 credits)
This course is designed to help students develop the skills necessary to communicate effectively in their programs and at the college level. Students will think critically to capture the meaning messages and respond appropriately; produce coherent, clear paragraphs; and purposively research and responsibly integrate credible sources into their own writing. Emphasis is placed on the writing process, from planning to revising, while providing opportunities to explore various modes of communication.

**Anatomy and Physiology I** (PNG111) (3 credits)
This course introduces the learner to the normal development, structures and functions of the human body. The learner will examine the physiological components of the human body, in order to obtain knowledge and understanding about how the structures and functions of the body are related.

**Human Relationships** (PNG113) (3 credits)
Using an experiential approach, this course will focus the learner on the skills necessary to communicate effectively on a personal and professional level. The concepts of caring will be used as a basis to explore the helping relationship, interviewing skills and group dynamics.

**Nursing Theory I** (PNG115) (3 credits)
This course will introduce the learner to the theoretical and conceptual framework of health and healthy lifestyles. The dimensions of human needs will be explored with an emphasis on the significance of self-responsibility, culture and the change process. The evolution of Canada’s health care delivery system will also be examined.

**Nursing Practice I** (PNG116) (4 credits)
This course will provide the learner opportunities to apply concepts and knowledge gained in the classroom environment to practice settings. The emphasis will be on health promotion of well individuals throughout the lifespan. The learner will be exposed to individuals in selected age groups, through simulation, practice in laboratory and community facilities.

**Professional Growth I** (PNG117) (3 credits)
This course will examine personal learning styles, the concepts of teaching and learning and their importance in the practice of nursing. The use of information technology will be applied to reading and understanding research reports. The concepts of caring, standards of practice and reflective practice will be introduced. The learner will have the opportunity to explore the evolution of nursing, nursing theories and the philosophy of nursing.

**Global Citizenship** (GEN100) (3 credits)
The world we are living in is one in which local, national and international issues are interwoven, and the need for us to understand the impact these issues can have on our lives has never been greater! Using a socio-cultural, political and environmental lens, students will view how the world is changing and how to become active agents of change from the local to international level. Important issues such as social injustice, poverty, environmental protection, resource scarcity, sustainability, and health will be addressed. Global citizenship is?an opportunity to `Be the Change`. This course meets the Civic Life and Social and Cultural Understanding General Education themes.

**Lifespan Development** (PSY120) (3 credits)
The purpose of this lifespan development course is to examine the interrelationship of the biopsychosocial aspects of ages and stages from birth to late adulthood. Developmental psychology is the study of the processes that shape human development. The goals of studying life span development are description, explanation and optimization of human development throughout a persons entire life. Students will study the interaction between cultural, social and historical impacts and biological maturation to gain a holistic understanding of human development. In addition, to studying human development in a systematic way, students will gain a personal understanding of their own lives in the context of lifespan development.

**Semester 2**
Anatomy and Physiology II (PNG121) (3 credits)
This course is a continuation of Anatomy and Physiology I and will further examine the relationship of body structures and their functions. Understanding of the remaining body systems will provide you with knowledge and understanding about how these systems work together to carry on complex functions within the human body.

Health Assessment (PNG127) (3 credits)
This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.

Nursing Theory II (PNG130) (3 credits)
This course will focus on health promotion and health protection strategies for selected individuals throughout the lifespan. These concepts will be studied as they apply to families, groups and communities. The evolution of Canada’s health care system delivery system will also be examined.

Nursing Practice II (PNG131) (16 credits)
This course further explores the concept of health promotion and health protection with well clients. The learner will gain basic assessment and nursing skills required to care for the client in selected age groups. This course is also designed to assist the learner to acquire knowledge and develop mathematical skills required to safely calculate drug dosages.

Rituals, Idols and Controversies in Sports (GAS101) (3 credits)
This course gives students the opportunity to examine the many rituals, idols, and controversies surrounding the world of sports. Students will debate, discuss, and present a variety of popular topics in sports such as athlete salaries, performance-enhancing drugs and athlete product endorsement. This course will explore the impact these issues have on social and cultural aspects of human behaviour.

What in the World is Going On? (GAS103) (3 credits)
This course will give you the opportunity to build a strong awareness of current global issues. You will explore various media such as radio, TV, Internet, newspaper, and magazines. Through discussions, debates, and presentations, students will focus on the main international headlines. Students will discover and develop a view of and understanding of the impact of events related to music, entertainment, fashion, sports, politics, economics, world issues, and human-interest stories.

Film Appreciation (GAS105) (3 credits)
This introduction to movies will provide an opportunity to understand the importance of visual creativity in human affairs. The students will gain the capacity to recognize and evaluate artistic creativity of film and film production. Through viewing, discussing, and presenting, students will gain an aesthetic appreciation for the arts.

Music and Pop Culture (GAS109) (3 credits)
This course will give students the opportunity to think creatively and critically about the influence of popular music. Students will explore different music genres (rock, metal, hip hop, and rap), their development and social significance. Students may explore music in film, commercials, war and protest, social and civil rights movements, and the contributions of specific artists to contemporary culture. The ways in which popular music has contributed to the current culture and, in turn, how culture has shaped popular music will be examined.

Your Two Cents (GAS116) (3 credits)
No matter one’s lifestyle, income, or background, each person has experienced and developed practices to how we relate to money. This course explores our relationship and personal understanding with money, and its place and value in our culture and individual lives.
Canada Eh! (GAS120) (3 credits)
What does it mean to be Canadian? This course will examine the people of Canada and aspects of life, such as food, music, television, art, language, etc. By examining our diversity, we will come to understand that there is more than one Canadian identity.

Food and Wine Pairings (GAS125) (3 credits)
Become a wine enthusiast and decipher the many complexities revealed in wine by developing the ability to pair food and wine in today’s culinary world. Whether planning to entertain in the comfort of one’s home, preparing for a business dinner meeting or developing food and wine menus for restaurants or special events, understanding how to pair food and wine is invaluable and a life skill. This course will explore the significance of food and drink by examining fundamental concepts of wine history, tradition and culture. Students will learn about terroir, wine terminology, production, storage, selection and how wine is properly served.

Student Selected General Education (GEN110) (3 credits)
For Transfer Credit Purposes only.

Personal and Academic Success Strategies (HDG122) (3 credits)
This course will prepare you for the rigors of academic life and enable you to develop a personal profile for college and career success. The main focus of this course will include accepting personal responsibility, discovering self-motivation, mastering self-management, employing interdependence, gaining self-awareness, adopting lifelong learning, and developing emotional intelligence. In addition, you will develop and produce a ‘Personal Profile’ that will identify your personal learning style, communication style, and personality style to enable you to achieve success in learning about, understanding, and choosing the courses and careers that will lead to personal and professional satisfaction.

Fitness and Lifestyle Management (REC106) (3 credits)
This course deals with the pursuit of wellness with a focus on physical fitness. Topics include: positive lifestyle choices, self-management and behaviour change techniques, exercise prescription, fitness training methods and body fat management. Students are introduced to a variety of fitness activities known to maximize health benefits while providing lifelong appeal.

Introduction to Aboriginal Peoples of Canada (SSC102) (3 credits)
This course will provide participants with an introduction to the history and cultural survival of Canada’s Aboriginal people. Aboriginal worldview will be identified and discussed in both historical and modern perspectives. Students will review colonization, government policies and legislation, which provide a foundation for understanding modern Aboriginal life in Canada.

Semester 3

Pathophysiology I (PNG233) (4 credits)
This course provides the learner with a general understanding and working knowledge of the structure and function of the human body experiencing an acute health challenge. The learner will examine changes that occur in the human body and explore how the body compensates for those challenges. Included in this course is the study of basic principles of microbiology. The textbooks can be purchased from the Campus Shop.

Pharmacology I (PNG234) (3 credits)
This course introduces the learner to the concepts of pharmacology as selected drug groups are studied. The course will emphasize the role and responsibilities of the practical nurse in the administration and monitoring of client medications.
**Nursing Practice III (PNG236) (16 credits)**
This course will provide the learner with opportunities to examine the role of the practical nurse when caring for individuals with health challenges. The learner will utilize critical thinking skills to plan and implement holistic nursing care. The experience will take place in the laboratory setting and in a variety of medical-surgical areas.

**Professional Growth II (PNG237) (3 credits)**
This course will prepare the learner for entry into the workplace through exploration of leadership, conflict resolution and advocacy. Leadership and management roles within health care will be examined. The process of transition from student to nurse will be explored.

**Nursing Theory III (PNG238) (4 credits)**
This course will focus on assisting the learner to develop a holistic approach to nursing. A variety of approaches will be utilized and critical thinking strategies will be emphasized as the learner explores the case of individuals, families and/or groups experiencing or predisposed to acute physical and mental health challenges.

**Semester 4**

**Pharmacology II (PNG250) (3 credits)**
This course continues to explore concepts of pharmacology as selected drug groups are studied. The course will emphasize the role and responsibilities of the practical nurse in the administration and monitoring of client medications.

**Pathophysiology II (PNG251) (4 credits)**
The learner will develop an understanding of chronic health challenges by examining how the body adapts to or compensates to maintain its optimal state. The study of basic principles of microbiology will be continued.

**Nursing Theory IV (PNG252) (4 credits)**
In this course, the learner will continue to develop a holistic approach to nursing. A variety of approaches to learning will be utilized and critical thinking strategies will be emphasized as the learner explores the case of individuals, families and groups experiencing requiring rehabilitative, restorative and palliative care. The learner will also explore the care of individuals experiencing chronic mental health challenges.

**Nursing Practice IV (PNG253) (10 credits)**
This course will continue to provide the learner with opportunities to examine the role of the practical nurse when caring for individual with health challenges. Critical thinking skills will be refined to plan and implement holistic nursing care. The experience will take place in the laboratory setting and in a variety of medical/surgical areas.

**Nursing Practice V (PNG254) (16 credits)**
This clinical experience will provide the learner with the opportunity to consolidate the required skills and knowledge to graduate as a caring and competent beginning practitioner. This experience will take place in acute, long-term, chronic care or community settings where the learner will be partnered with a Registered Practical Nurse as a preceptor.