

## JOB POSTING DETAILS

<b>Employer</b>	2257825 Ontario Ltd. (Fit Bodies Fit Minds)	<b>Job Type</b>	RI
<b>Job Title</b>	Registered Kinesiologist	<b>Duration</b>	Part Time
<b>Job ID</b>	11171	<b>Location</b>	Sault Ste. Marie
<b>Date Posted</b>	July 30, 2021	<b>Closing Date</b>	December 10, 2021

### Job Overview - Description & Duties

#### Job Description:

Our busy fitness studio requires a Registered Kinesiologist to help mentor and guide fitness sessions with our clients. The successful applicant will be responsible for taking on existing clients based on need and soliciting new business and teaching members about the benefits of personal training. We're looking for a motivated individual with sales experience who can help us establish a competitive edge in our city. We are also looking for a candidate who would also be interested in becoming certified in Fascial Stretch Therapy or have experience with massage and other forms of musculoskeletal release. We are looking for individuals that are striving to continuously learn and stay educated.

#### Responsibilities:

- Assume the responsibility of training new and existing clients who are interested in increasing their fitness levels, improving their overall health and wellness and help clients achieve their goals.
- Assisting clients with rehabilitation, providing ergonomic assessments, and developing strength training routines.
- Provide clients with safe, reasonable exercises that they can perform in the studio as well as at home.
- Give clients ample notice if you need to change appointment times and respond quickly to clients who must change their schedules.
- Comfortable leading fitness workshops, virtually when necessary.

Part-time hours: willing to work 20 hours minimum a week

Salary: to be discussed based on experience and education (range varies for services provided), \$35.00-\$50.00 per hour

#### Benefits:

- Flexible schedule
- On-site gym

#### Schedule:

- Monday to Friday
- Weekends

### Required Skills

#### Education and Skills:

- Bachelor's degree in Kinesiology (registered Kinesiologist)
- Personal training, group training, Yoga or Pilates certification or other fitness certifications needed (one of or several)
- Must have current, valid CPR and First Aid certifications
- Experience with program design
- 2+ years experience in personal training or group fitness instruction
- Fascial Stretch Therapy Certification is a bonus, or interested in becoming certified (our studio would pay for certification if

interested)

- Massage or other forms of musculoskeletal release
- Sales experience a plus

### **Other Requirements**

COVID-19 considerations:

All staff and customers are required to wear a mask upon entry (customers can remove the mask for exercise as needed), and common surfaces and equipment if sanitized regularly.

- Remote interview process
- Personal protective equipment provided or required
- Social distancing guidelines in place
- Virtual meetings
- Sanitizing, disinfecting, or cleaning procedures in place

### **How to Apply**

Please apply to: [daniel@fitbodiesfitminds.com](mailto:daniel@fitbodiesfitminds.com)